



Get Connected. Get Help.™

Disaster Numbers to Know St. Louis City and County

*A list of federal, state and community agencies providing assistance
in all or parts of St. Louis City and County - compiled by United Way 2-1-1.*

This free, confidential service is available by calling 2-1-1 or (800)427-4626 24 hours a day.

Note: Inclusion does not indicate United Way membership or endorsement; it is solely to provide community information for the purpose of connecting individuals to available resources.

5/17/25

American Red Cross

1-800-733-2767

Basic Needs:

Community Action Agency of St.
Louis County 314-863-0015
Guardian Angel Settlement
Association 314-773-9027
People's Community Action
314-862-6270
SVDP – call 211 for local
resources
Urban League 314-388-9840

Children:

Boys and Girls Clubs of Greater St.
Louis 314-335-8000
Child Care Aware 866-892-3228
Children's Abuse Hotline/Children's
Division 800-392-3738
Family Support Division
855-373-4636
<https://mydss.mo.gov/>
ParentLink WarmLine
800-552-8522
United4Children 314-531-1412
Gateway Region YMCA
314-436-1177

Debris Clean Up

Crisis Clean Up
www.crisiscleanup.org

Emergency Management

St. Louis City
www.stlouis-mo.gov/tornado
St. Louis County
www.stlouiscountymo.gov

Food:

Circle of Light Associates
314-382-8759
Community Action Agency of St.
Louis 314-446-4467
Episcopal Church of All Saints
314-367-2314
FOCUS Gateway City
314-884-0394
Hazelwood Baptist Church
314-731-2244
Hope Church 314-869-7777
Hunger Hotline
314-726-5355 ext.1
LifewiseSTL 314-421-0400
Love in Action 314-809-7776
Northside Seventh Day Adventist
Church 314-868-0707
Robert Fulton 314-367-9700
Salvation Army 314-771-3460
Shalom Church City of Peace
314-653-2300
SNAP Benefits:
855-373-4636
[www.mydss.mo.gov/food-
assistance](http://www.mydss.mo.gov/food-assistance)
SVDP – call 211 for local
resources
TEAM Food Pantry 314-831-0879
Third Baptist Church
314-533-7340
Urban League 314-388-9840
Youth and Family Center
314-231-1147
Zion Travelers Missionary Baptist
Church 314-868-7404

Health:

Affinia Healthcare 314-814-8700
CareSTL 314-367-5820
Family Care Health Centers
314-353-5190
Medicaid
<https://www.medicaid.gov/>

(Health, cont.)

Medicare
<https://www.medicare.gov/>
People's Health Centers
314-367-7848
MO Department of Health and
Senior Services 573-751-6170
<https://health.mo.gov/>
MO HealthNet Service Center
855-373-4636
Missouri Rx Plan 800-375-1406
St. Louis City Health Department
314-612-5100
St. Louis County Health
Department 314-615-0500

Housing/Shelter:

Apartment Finder
www.apartmentfinder.com
Beyond Housing 314-533-0600
Community Action Agency of St.
Louis County
www.communityaction.org/gethelp/
MO Housing Development
Commission (314) 877-1350
(For home rehabilitation grants and
assistance finding rental
properties)
St. Louis City Housing Authority
314-531-0184
St. Louis County Housing Authority
314-428-3200
Social Serve www.socialserve.com

Information and Referral:

2-1-1 Missouri/SW Illinois
2-1-1 or 800-427-4626
Mid East Area Agency on Aging
800-243-6060
Missouri Attorney General
(Consumer Hotline) 800-392-8222
St. Louis City Area Agency on
Aging 314-612-5918

Legal Questions:

Legal Services of Eastern Missouri
800-444-0514
St. Louis Bar Association
314-421-4134

Mass Care Shelters:

12th and Park Recreation Center
1410 S. Tucker Blvd, 63104

**Friendly Temple Outreach
Center**
**6356 Dr. Martin Luther King Dr.,
63133**

Grace United Methodist Church
**6199 Waterman Boulevard,
63112**

Mental Health:

Community Psychological Services
314-516-5824
BJC Behavioral Health
877-729-4004
Lutheran Family and Children's
Services 314-787-5100
Post Disaster Crisis Hotline
800-985-5990
Provident Behavioral Health
314-533-8200
St. Louis Counseling
314-544-3800
Suicide Hotline 988

Seniors:

Cardinal Ritter Senior Services
314-961-8000
Lutheran Senior Services
314-968-9313
Mid East Area Agency on Aging
800-243-6060
Missouri Department of Health and
Senior Services 800-799-7233
St. Louis City AAA 314-612-5918

Showers:

Carondelet Park Rec Complex
930 Holly Hills Avenue, 63111
314-768-9622
South City Family YMCA
3150 Sublette Avenue, 63139
314-644-3100
(Need to bring proof of residence
to access showers)

Transportation:

Metro STL 314-982-1400
Mo Department of Transportation
www.modot.org or call 5-1-1
OATS 888-875-6287

Utility Companies

Ameren www.ameren.com
Downed Power Lines: 800-552-
7583

Spire 800-887-4173

Volunteer

www.stlvolunteer.org

United Way 2-1-1

can be accessed 24/7/365 by
dialing 211 from a landline phone
or mobile phones. Cell phone
users may also dial 1-800-427-
4626 to reach a friendly, trained
representative.

Resources are updated daily and
can also be accessed by using our
website at www.211helps.org

**2025 by United Way Greater
St. Louis 2-1-1**

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